HAND-IN-HAND HIGHLIGHT

Volume 3 / Issue 1 ~ Promoting Safety and Reducing Risks of Violence One Patient at a Time ~

A RECENT SUCCESS

We hosted our 2nd Annual Program Graduation & Recognition Event to celebrate 6 of our enrolled patients for completing 1 year of case management & for successfully completing their individual service plan goals. Our HIH team, Riverside Champions, community partners, participants and families, came together to celebrate & recognize our program graduates in partnership with the Newport News Police Dept, NN Victims Services Unit, and the DeShawn Powell Foundation.

Congratulations to our HIH graduates & families!

NEW HIH HIGHLIGHT COLUMN - THE TRAUMA LENS: SHARPENING THE FOCUS ON TRAUMA-INFORMED CARE

What if the way we see our patients and each other could completely transform how we care?

Welcome to a new section in our HIH newsletter: **The Trauma Lens**. In this section of our quarterly newsletter, we'll take a closer look at how trauma influences our work, our relationships, and the way we show up for others. Trauma doesn't just affect our patients—it impacts all of us, whether we recognize it or not. From uncovering hidden scars to managing the heavy weight of compassion fatigue, this section will provide practical insights and actionable strategies to help us shift how we engage with both our patients and our teams.

My name is Neisha Himes, and I am your HVIP Trauma Liaison Educator. I'm here to help us move beyond simply being trauma-informed, and toward being trauma-responsive—and ultimately, healing-centered. Trauma-informed care isn't just about awareness; it's about responding with intention and creating a space where healing can truly take root. When we shift our approach, we change patient outcomes, reduce re-traumatization, and build lasting trust. Every moment of care is an opportunity to center healing—not just for our patients, but for ourselves, too.

In future HIH Highlights, we will share more than just tips. We'll dive into interactive polls, lively discussions, wellness strategies, and much more designed to help us grow, stay connected, and keep pushing the boundaries of compassionate care. Ready to see through a new lens?

FOR MORE INFORMATION, REACH OUT TO US ANYTIME AT HANDINHAND@RIVHS.COM

Hand In Hand
Riverside's Hospital-based
Violence Intervention Program

Our Hand-in-Hand team packed 50 iCare Kits at the Fear 2 Freedom warehouse for our Riverside patients.

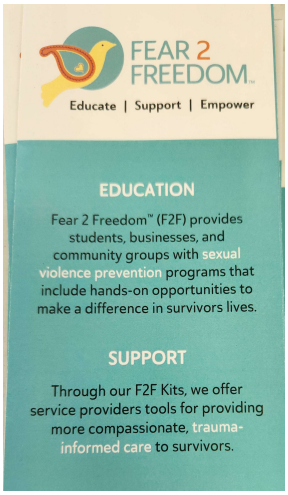
PARTNER SPOTLIGHT – FEAR 2 FREEDOM

Fear 2 Freedom's (F2F) mission is to restore hope and dignity to survivors of sexual assault while empowering students and communities to combat sexual violence. Did you know every 68 seconds, someone in the U.S. is sexually assaulted? The F2F iCare and AfterCare Kits are designed to support a survivor, and the Kits are full of therapy tools to help survivors along their healing journey. Fear 2 Freedom also offers education programs that include Kit packing.

Learn more about this Community Partner

Fear 2 Freedom
Shelly Averett, Chief Executive Officer
Shelly@Fear2Freedom.org
Fear2Freedom.org

***Freedom Bear** is F2F's trademarked therapy tool for anyone who has experienced any type of violence or trauma.*



Hand-in-Hand Riverside Champion:

We are proud to recognize, **Alicia Boone,** our 2024 Riverside Hospital Champion! For the past two Christmas holidays, Alicia has organized the compassionate Angel Tree project to support each of our program participants and their families. Alicia's advocacy and care for our Hand-in-Hand families, and all her hard work and effort to rally our generous ED team, provided Christmas for 10 program patients! ***THANK YOU, Alicia, and our Riverside ED Team!***

Riverside Regional Medical Center's Senior Leadership Recognizes Tavares Terrell & Felicia Wilson for Outstanding Patient Care

Dr. Taghon and Dr. Oshiki surprised our senior Clinical Intervention Specialists, Tavares and Felicia, with the presentation of a Riverside Care Difference Gold Coin for Excellence. This much deserved recognition was presented by Dr. Taghon and Dr. Oshiki personally in our HIH office with our proud team standing by in support. Tavares and Felicia have been providing bedside support, advocacy and case management to patients impacted by violence in our community since 2020! Congratulations Tee & Felicia!